

Activities To Improve Visual Perceptual, Sequencing and Memory Skills

1. Games like Tic, Tac Toe, Connect Four, Checkers, Connect the Dots, Color by Number, Chinese Checkers and Scrabble are good.
2. There are games such as Trouble, Parchesie and others, which are easy to follow perceptually but also involve some strategy. This helps perceptual planning and visual organization skills much like the games listed in # 1. This may be a safer place to start.
3. Doing Mazes also improves visual scanning and planning skills.
4. To improve visual memory, play games like Memory, Twins, Concentration and other games like these.
5. Another suggested activity is to show the child words or shapes on cards for 5 seconds. Then remove and ask child to write or draw from memory.
6. Peg pattern cards such as Lite Brite are also recommended.
7. Word searches are good. Child has to look across (right to left), up, down and diagonally to locate the words. This is a good exercise for tracking and visual perceptual skills. Remember to start out with easy material at first and as your child succeeds, increase the difficulty level. Thus, you may have to make up the initial ones.
8. Word games like Hangman, Scrabble and Wheel of Fortune are also helpful re: visual perceptual skills.
9. At the beginning readiness level, tracing of shapes, letters and numerals are recommended. Use highlighter and have child go over it with pencil. Using graph paper may help.
10. Tracking exercises are also recommended in which the child has to find the identical letter, shape, number, word, etc.
11. Make words from a larger word (ie., FAMILIAR : I, a, am, ram, rim, air, arm, etc.).
12. Unscramble the word (i.e., ti = it, tbi = bit, amr = ram or arm) or the sentence (i.e., Sarah like I = I like Sarah.).