



LIFEGUARDING

LIFEGUARD TRAINING

Jeff Hack

This course gives you certifications in Lifeguard Training, First Aid, CPR for the Professional Rescuer, Automated External Defibrillation.

Requirements: You must be at least 15 years of age by the end of the program (May 26, 2010). Pass prerequisite water skills pretest. Pass **both** written and practical test for Lifeguard Training, First Aid, CPR, and AED. Attend and pass **ALL** scheduled sessions. **Brochures available at the BHS Athletic Department Office and Continuing Education Office.**

OFFERED MONDAYS & WEDNESDAYS:

Spring 2012 — 2/13, 2/14, 2/15, 2/16, 2/17, 2/27, 2/28, 2/29, 3/1, 3/2

Hours: 4:00-8:00 PM @ BHS Pool

Cost: \$280.00 check made payable to Jeff Hack

Registration fee made payable to Bethpage School District.

Resident Fee: \$15.00 Non-Resident Fee: \$20.00

LIFEGUARD TRAINING REVIEW

Jeff Hack

This 12 hour course tests currently certified lifeguards. This course gives you certifications in Lifeguard Training, First Aid, CPR for the Professional Rescuer, Automated External Defibrillation. Prerequisite: You must be 15 years old by end of the class; have a current lifeguard certification card, book and mask; **pass** pretest; attend and pass **ALL** sessions.

OFFERED SATURDAYS:

Spring 2012 — April 21, 2012 & April 28, 2012

Hours: 9:00 AM-3:00 PM @ BHS Pool

Cost: \$150.00 check made payable to Jeff Hack

Registration fee made payable to Bethpage School District.

Resident Fee: \$15.00 Non-Resident Fee: \$20.00

CPR

Offered by: Michele Yurman



ADULT CPR w/AED

This course will teach the newest American Red Cross guidelines for performing cardiopulmonary resuscitation. Learn what to do when a heart stops beating. The Automated External Defibrillator will be introduced and used in class. American Red Cross certification will be given upon successful completion of course. Materials fee: payable to instructor on first night of class.

(Minimum 6 / Maximum 10)

OFFERED:

SPRING ONLY

1 Session

Teacher's Café

Wednesday, April 18, 2012

Resident Fee: \$55

6:00-9:30 PM

Non-Resident Fee: \$60

STANDARD FIRST AID WITH ADULT CPR/AED

He's not breathing! Help! She's Choking! Learn how to respond to these and other emergencies. Participants will be trained in using basic first aid skills and cardiopulmonary resuscitation. The Automated External Defibrillator (AED) will be introduced and used during CPR training. American Red Cross Certification will be given upon successful completion of the course.

Materials fee: payable to instructor on first night of class. (Minimum 6 / Maximum 10)

OFFERED:

FALL ONLY

2 Sessions

Teacher's Café

Wednesdays, November 9 & 16, 2011

Resident Fee: \$65

5:45-9:45 PM

Non-Resident Fee: \$70